



FEBRUARY BREAKFAST & LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3</p> <p>BREAKFAST: Muffin Cereal & Toast Juice Choice & Fresh Fruit Milk</p> <p>LUNCH: Breaded Chicken on WG Bun Sliced Tomato Green Beans Fresh Baby Carrots Pineapple HS Alt: Mozzarella Cheese Stick w/Marinara Sauce</p>	<p>4</p> <p>BREAKFAST: Breakfast Pizza Cereal-MS/ES, Muffin-HS Juice Choice & Fruit Milk</p> <p>LUNCH: Shrimp Poppers Cheesy Potatoes Peas Fresh Apple Mandarin Oranges Chocolate Cake HS Alt: Chicken Caesar Wrap</p>	<p>5</p> <p>BREAKFAST: Sausage, Egg, Cheese on a Bagel Yogurt Juice Choice & Fresh Fruit Milk</p> <p>LUNCH: Walking Taco Lettuce-Tomato-Cheese Sour Cream-Salsa Refried Beans Celery w/Sunbutter Fresh Strawberries Pears HS Alt: Fish Sandwich</p>	<p>6</p> <p>BREAKFAST: Cheese Omelet Cereal & Toast Juice Choice & Fruit Milk</p> <p>LUNCH: Hot Turkey Sandwich Mashed Potatoes Turkey Gravy Broccoli & Cauliflower Applesauce HS Alt: Beefburger</p>	<p>7</p> <p>BREAKFAST: Breakfast Bagel Muffin Juice Choice & Fresh Fruit Milk</p> <p>LUNCH: Chicken & Spinach Alfredo Pasta Iceberg & Romaine Lettuce Sliced Cucumbers Bread Stick Peaches HS Alt: Meatball Sub MS Alt: Chili Crispito</p>
<p>10</p> <p>BREAKFAST: Muffin Cereal & Toast Juice Choice & Fresh Fruit Milk</p> <p>LUNCH: Orange Chicken Brown Rice Broccoli & Carrots Pineapple Animal Crackers HS Alt: Chili Crispito</p>	<p>11</p> <p>BREAKFAST: Breakfast Pizza Cereal-MS/ES, Muffin-HS Juice Choice & Fruit Milk</p> <p>LUNCH: Hot Dog French Fries Cauliflower w/cheese sauce Kiwi Mixed Fruit HS Alt: Turkey Burger</p>	<p>12</p> <p>BREAKFAST: Pancakes/Syrup Yogurt Juice Choice & Fresh Fruit Milk</p> <p>LUNCH: Fajita Chicken Wrap Lettuce-Cheese-Salsa-Sour Cream Black Beans Corn Watermelon Peaches HS Alt: Grilled Ham & Cheese</p>	<p>13</p> <p>BREAKFAST: Sausage Patties Cereal & Toast Juice Choice & Fruit Milk</p> <p>LUNCH: Cheese Pizza-ES & MS Sausage, Cheese, or Chicken Pizza-HS Iceberg & Romaine Lettuce Cherry Tomatoes Fresh Baby Carrots Pears No ALT at HS</p>	<p>14</p> <p>BREAKFAST: Breakfast Egg Roll Muffin Juice Choice & Fresh Fruit Milk</p> <p>LUNCH: Macaroni & Cheese Meatballs Peas Applesauce Chocolate Chip Cookie HS Alt: Honey BBQ Rib Sandwich</p>
<p>17</p> <p>BREAKFAST: Muffin Cereal & Toast Juice Choice & Fresh Fruit Milk</p> <p>LUNCH: Hamburger on WG Bun Oven Roasted Potatoes Baked Beans Peaches HS Alt: Chicken Cordon Bleu Wrap</p>	<p>18</p> <p>BREAKFAST: Breakfast Pizza Cereal-MS/ES, Muffin-HS Juice Choice & Fruit Milk</p> <p>LUNCH: Beef Enchilada Sour Cream Mexican Rice Fresh Broccoli, Cauliflower, Red Peppers w/Ranch Dressing Grapes Pineapple HS Alt: Vegetable Quesadilla</p>	<p>19</p> <p>BREAKFAST: Scrambled Eggs Toast Juice Choice & Fresh Fruit Milk</p> <p>LUNCH: Ham, Turkey, Cheese Sub Sandwich Shredded Lettuce,Sliced Tomato Glazed Carrots Cole Slaw Sun Chips Apple HS Alt: Philly Cheese Steak</p>	<p>20</p> <p>BREAKFAST: French Toast Sticks Yogurt Juice Choice & Fruit Milk</p> <p>LUNCH: Chicken Nuggets Mashed Potatoes & Gravy Steamed Asparagus Fresh Pineapple Mandarin Oranges Dinner Roll HS Alt: Salisbury Steak</p>	<p>21</p> <p>BREAKFAST: Cherry Pastry Muffin Juice Choice & Fresh Fruit Milk</p> <p>LUNCH: Italian Pasta Romaine Lettuce Sliced Cucumbers Cherry Tomatoes Garlic Toast Pears Apple Crisp HS Alt: Chicken Enchilada MS Alt: Mozzarella Cheese Sticks</p>
<p>24</p> <p>BREAKFAST: Muffin Cereal & Toast Juice Choice & Fresh Fruit Milk</p> <p>LUNCH: Breaded Pork Pattie on WG Bun Cheesy Potatoes Peas Peaches HS Alt: Mozzarella Cheese Stick w/Marinara Sauce</p>	<p>25</p> <p>BREAKFAST: Breakfast Pizza Cereal-MS/ES, Muffin-HS Juice Choice & Fruit Milk</p> <p>LUNCH: Chili Crackers Celery & Carrots w/Sunbutter Orange Wedges Mixed Fruit Cinnamon Roll HS Alt: Fish Sandwich</p>	<p>26</p> <p>BREAKFAST: Sausage Gravy & Biscuit Yogurt Juice Choice & Fresh Fruit Milk</p> <p>LUNCH: Potato Bar Shredded Cheddar, Diced Ham, Broccoli, Black Beans, Sour Cream Cottage Cheese Pineapple Kiwi Dinner Roll HS Alt: Chicken Fried Rice</p>	<p>27</p> <p>BREAKFAST: Cheese Omelet Cereal & Toast Juice Choice & Fruit Milk</p> <p>LUNCH: Stromboli Romaine & Spinach Salad Cherry Tomato Corn Pears HS Alt: Vegetable Stromboli</p>	<p>28</p> <p>BREAKFAST: Oatmeal Muffin Juice Choice & Fresh Fruit Milk</p> <p>LUNCH: Spaghetti Meatballs (on the side) Green Beans Bread Stick Applesauce HS Alt: Cuban Pork Sandwich MS Alt: Fish Sandwich</p>